

ENRICHMENT

AUTUMN 2026



Penryn College
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PE & LIFESTYLE

MONDAY

CLUB	YEAR	TIME	VENUE	STAFF
Badminton	Year 7	3.25–4.30	Sports Hall	Mr Heard & Mr Holland
GCSE PE Revision	Years 10/11	3.25–4.30	PE1	Mr Shepherd, Miss Lushington & Miss Lane
OCR Get Ahead	Years 10/11	3.25–4.30	PE1	Mr Bidgood

TUESDAY

CLUB	YEAR	TIME	VENUE	STAFF
GCSE PE Badminton	Years 10/11	8.00–8.30	PE1	GCSE PE Staff
Netball	Years 9–11	3.25–4.30	TISA	Miss Lushington & Mrs Roberts
Girls Hockey	Years 7&8	3.25–4.30	Hockey Astro	Miss Smith & Miss Lane
Y7 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Heard & Mr Bowers
Y8 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Nancarrow
Y9 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Shepherd
Y10 Rugby	Years 7–10	3.25–4.30	STP / Fields	Mr Bidgood
Basketball	Year 10/11	3.25–4.30	Sports Hall	Mr Holmes

WEDNESDAY

CLUB	YEAR	TIME	VENUE	STAFF
Netball Primary League	Primaryes	3.45–5.00	TISA	Miss Smith
Girls Performance Fitness	All Years	7.45–8.15	Fitness Suite	Girls PE Dept
Girls Rugby	All Years	3.25–4.30	STP / Fields	Miss Stone
Cross Country	All Years	3.25–4.30	Fields	Mr Nancarrow
Girls Active	All Years	3.25–4.30	Fitness Suite	Miss Lane
Basketball	7-9	3.25–4.30	Sports Hall	Mr Heard, Mr Holmes & Mr Bidgood

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THURSDAY

CLUB	YEAR	TIME	VENUE	STAFF
FIXTURES PLEASE CHECK THE PE NOTICEBOARD FOR THE TEAMSHEETS				

FRIDAY

CLUB	YEAR	TIME	VENUE	STAFF
Netball	Years 7&8	3.25–4.30	TISA	Miss Lushington, Mrs Roberts & Miss Lane
Mixed Hockey	Years 9–11	3.25–4.30	Hockey Astro	Mr Shepherd & Miss Smith
Pickleball	All Years	3.25–4.30	Sports Hall	Mr Heard
National Cup Football Training	Invite	3.25–4.30	STP	Mr Ash & Mr Bidgood
Boys Active	All Years	3.25–4.30	Fitness Suite	Mr Nancarrow

OUTDOOR/ADVENTURE



CLUB	YEAR	DAY	TIME	VENUE	STAFF
Rowing (Starts after Oct HT)	All Years	Monday	3.15–4.15	Fitness Suite	Mr Jane & Mrs Coote
Y10 Ten Tors (sign up by 17/09)	Year 10	Thursday	Lunch	H5	E-mail Miss Edgell to sign up - nedgell@penryn-college.cornwall.sch.uk
Y11 Ten Tors (sign up by 17/09)	Year 11	Thursday	Lunch	H5	E-mail Miss Edgell to sign up - nedgell@penryn-college.cornwall.sch.uk
Bronze - Duke of Edinburgh	Year 9	More info to follow from Mr Penhaligon in assemblies in September			
Silver - Duke of Edinburgh	Year 10	More info to follow from Mr Penhaligon in assemblies in September			

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ENGLISH



Club	Year	Day	Time	Venue	Staff
Poetry Club	7–9	Monday	3.15–4.15	E2	Mrs Robertson
Creative Writing Club	All Years	Tuesday - Starts Tues 15/09	3.10–4.00	E4	Mrs Male
Shakespeare Lab <i>Shakespeare on its feet!</i>	KS3	Wednesday	3.30–4.15	E4	Mrs Herring
Culture Club <i>Exploring current affairs through discussion and debate</i>	All Years	Thursday	3.15–4.15	E1	Mrs Manclark

MATHS



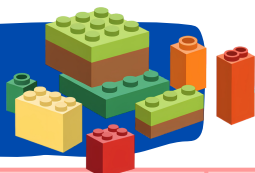
Club	Year	Day	Time	Venue	Staff
Puzzle Club	All Years	Wednesday	3.15–4.15	M5	Mrs Stivey

SCIENCE



Club	Year	Day	Time	Venue	Staff
Science & Nature Club	All Years	Wednesday	3.15–4.15	S3	Dr. Hartgroves & Mr Mustin

STEAM



Club	Year	Day	Time	Venue	Staff
STEAM Clubs	All Years	Tuesday	3.15–4.15	ST1-3	STEAM Staff
Digital Graphics Club <i>Comics, Animation & Photoshop</i>	All Years	Tuesday	3.15–4.15	ST3	Mrs Curtis
Lego League <i>(Limited Spaces)</i>	All Years	Friday	3.15–4.15	ST4	Miss O'Connor

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HUMANITIES



Club	Year	Day	Time	Venue	Staff
RE Enrichment	10/11	Wednesday	3.10-4.00	H4/5	Mrs Sullivan
World History Club	KS3	Thursday	Lunch	H6	Miss Smith-Wells
World History Club	KS4	Friday	Lunch	H6	Miss Smith-Wells

FOOD



Club	Year	Day	Time	Venue	Staff
Food	7&8	Wednesday	3.15-4.30	Food	To sign up, contact Mrs Moore

MFL



Club	Year	Day	Time	Venue	Staff
Spanish Aspiring 9s	KS4	Wednesday	3.15-4.00	L1	Mr Guerrero
French Aspiring 9s	KS4	Wednesday	3.15-4.00	L4	Mr Reading
Swedish From Scratch	All	Wednesday	1.00-1.15	L3	Mr Ribenfors

ART & TEXTILES



Club	Year	Day	Time	Venue	Staff
Y11 Textile GCSE	Year 11	Thursday	3.15-4.15	A3	Miss Aonso
GCSE Art Catch-up	Years 10-11	Thursday	3.25-4.30	A1	Mr Marshall
Art Ambassadors	All Years	Thursday	3.25-4.30	A2	Mr Marshall
Fashion Academy <i>Invited Y9 students will be contacted when club is running</i>	Y9 Invite Only	Thursday	3.15-4.15	A3	Miss Aonso <i>Miss Aonso will contact those invited.</i>

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DANCE & DRAMA



Club	Year	Day	Time	Venue	Staff
KS4 Dance	Years 10–11	Monday	3.30–4.30	CA1	CDS
Musical TBC	All Years	Tuesday	3.15–4.15	CA5	Miss Nowell
KS3 Dance	Years 7-9	Wednesday	Lunch	CA1	Miss West
KS4 Dance	Years 10–11	Wednesday	Lunch	CA5	Miss Nowell
Drama Club	All Years	Wednesday	3.15–4.15	CA5	Miss Mitchell
KS4 Drama Revision	Years 10-11	Thursday	Lunch	CA4	Miss Mitchell
CAPA Dance	Primary	Thursday	TBC	CA1	Miss West

MUSIC



Club	Year	Day	Time	Venue	Staff
Senior Singers	Year 10/11 Girls	Monday	8.30–8.50	CA2	Miss Real
Junior Saracens Boys Choir	Year 7–9 Boys	Tuesday	8.30–8.50	CA2	Miss Allen
Band Jam	All Years	Tuesday	3.15–4.15	CA2	Miss Allen & Mr Bennett
KS4 Saracens	Year 10-11	Wednesday	8.30–8.50	CA2	Mrs Childs & Miss Real
Jazz Band	All Years	Wednesday	3.25–4.30	CA2	Mr Robinson
KS4 Theory / GCSE Revision	Years 10–11	Wednesday	3.15–4.00	CA3 / CA4	Miss Real & Miss Allen
College Choir	Year 7–11 Girls	Friday	8.30–8.50	CA2	Miss Real & Mr Bennett
Orchestra	All Years	Friday	3.15–4.00	CA2	Miss Real

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MORE



Club	Year	Day	Time	Venue	Staff
Breakfast Club	All Years	Every Day	8.20-8.40	Canteen	Mr Prynn
Potential Medics <i>This is an information hub for students interested in medicine and related careers.</i> <i>Regular talks and some visits aimed at yr 9-11</i>	Y9-11	Showbie code is DYACV. Request to join the class and email Mrs Alsop: calsop@penryn-college.cornwall.sch.uk			
Gardening Club	All Years (Limited to 10 spaces)	Tuesday	3.15-4.15	ST7	Mrs Alsop
Dungeons & Dragons	All Years	Thursday	3.10-4.10	H5	Mr McDonagh
LGBT+ Group	All Years	Thursday	Lunch	H5	TBC
Eco Club	All Years	Thursday	3.15-4.15	H3	Miss Greedy
Film Club	All Years	Friday	Lunch	CA5	Mr Bennett
The Chronicles of Yarnia - Knitting Club	All Years	Friday	Lunch	Library	Miss Windscheffel