

Subject	Year	Unit
OCR Health & Social Care	10 and 11	R034 – Creative and therapeutic activities
R033 – Supporting individuals through life events		
In this unit you will learn about a range of creative activities and therapies that are available in health, and social care settings and understand the physical, intellectual, emotional and social benefits of these. You will learn how to plan and deliver a creative activity with an individual or group and evaluate your planning and delivery.		
R034 Unit Breakdown – Total Assignment /60 marks		
Topic Area 1 – Types of therapies and their benefits - Types of therapies: sensory, cognitive, expressive and physical - Benefits: physical, intellectual, emotional and social Topic Area 2 –Types of creative activities and their benefits - Types of creative activities: physical, intellectual/cognitive, emotional, social, sensory and imaginative - Benefits: physical, intellectual, emotional and social/moral Topic Area 3 – Plan a creative activity for individuals or groups in a health and social care setting - Factors that affect the selection of creative activity - Individual abilities: physical, intellectual, emotional and social, - Gender - Benefit of the activity to the individual - How to plan a creative activity to meet individual abilities - Aims of the creative activity - Timescales - Resources needed - Safety - Communication - Appropriateness to individuals - Methodology to be used - Feedback methods Topic Area 4 – Deliver a creative activity and evaluate your own performance - Skills/personal qualities required to encourage participation - Deliver a creative activity with a group or individual - Introduce the activity: aim, content and settle the individuals so that they are prepared to carry out the activities. - Supervise the activity: encourage participation, intervene, when necessary, provide support, maintain safety, keep to timescales and replenish resources/materials - Collect feedback from participants - Evaluation - How to evaluate your own performance: use feedback, self-reflect, review strengths and weaknesses and suggest improvements		

Assignment	My Grade	Assignment out of
Task 1		24
Task 2		12
Task 3		12
Task 4		12
Total Grade		60